

TWO DAY WORKSHOP

Processing your “Stuff”

Professional Development for counsellors psychologists and Helping Professionals

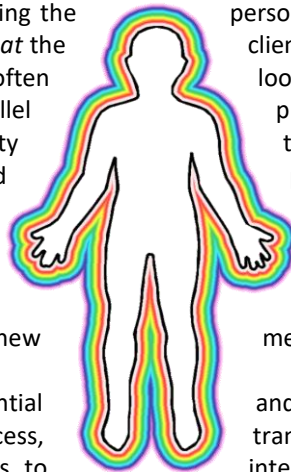
27 and 28 April 2019
9.30 am – 4.30pm

Co-facilitated by Silvia Camastral & William Diplock



This two day workshop is for counsellors, psychologists, teachers and anyone from the helping professions who is interested in processing the personal issues that come up when working with clients. When our buttons get pushed, or we feel that we don't have enough deeper understanding of what a client needs, what they are going through, when we feel at a loss in helping the “automatic pilot” and give advice or talk *at* the meaning and or solution. At this time we often and skills and thus might create a parallel This workshop will provide the opportunity clients, our own sense of limitations and William Diplock and Silvia Camastral field of counselling and supervision to help explore participants' issue in an We will be using Process oriented approaches in order to discover new your clients and yourself. This workshop creates a safe, confidential explore issues such as parallel process, and more. We help the practitioners to framework of counselling. Some experiential warm up exercises will be used during the weekend workshop.

person in front of us, we tend to go into client rather than help them find their own loose connection to our own wisdom creativity process with the client. to explore the issues we encounter with personal edges. bring many years of experience in the and a big toolbox of skills and methods experiential way. methods, Gestalt and Body focused meaning and skills for your future work with and professional container to discover and transference, countertransference, self-care integrate the approaches into their own



SILVIA CAMASTRAL

Silvia Camastral holds a Ph.D in general psychology, a Masters of Counselling and a Diploma of Process Work. She is a process-oriented psychotherapist in private practice with over 25 years of experience. Silvia is a senior faculty member ANZPOP, (Australian and New Zealand Process Oriented Psychology) training program and the coordinator of the 2 Year professional POP Training in Counselling and Facilitation. Silvia is a sessional academic at QUT where she lectures in the Counselling Units and teaches in a supervision unit in the Masters of Counselling. She is also a clinical supervisor at ACAP. More info about can be found at www.silviacamastral.com

WILLIAM DIPLOCK

William operates a Private Practice in Ashgrove, Brisbane. He previously was the Manager of a Counselling and Training Service in Brisbane. He holds a Bachelor of Social Science (Psychology) and a Masters in Counselling. He has completed approximately 20,000 hours of relationship counselling and 7,000 hours of clinical supervision. William is skilled in individual - relationship - and family- counselling and has undertaken training in Person Centred, Gestalt, Systemic, Emotionally-Focused Models, and Body-Psychotherapy of Counselling. He has an ongoing clinical practice in individual, couple and family counselling, counsellor supervision and training. More info can be found at www.williamdiplockcounselling.com.au

Numbers will be limited to provide each participant with the opportunity to gain maximum benefit from this workshop. Please send your registration to Silvia Camastral at silviaca@iprimus.com.au

12 CPD points available

Venue: 41 Brown Parade
Ashgrove 4060

Early Bird: **before 29 March 2019 \$375.00**

Cost: **after 29 March \$400.00**

Please transfer payment to Silvia Camastral BSB 064199 ACCT 10257063

Processing your "Stuff" Registration Form

NAME: _____

ADDRESS: _____

EMAIL _____ PHONE: _____

- I have enclosed a \$375 as an early bird fee.
- I have enclosed \$400 as full payment for the course.